

DURING YOUR STAY AT WEST MARDEN FARM

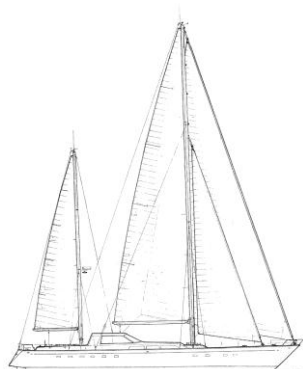
CYCLE HIRE ON YOUR DOOR STEP!

What better way than to experience the South Downs than on a mountain bike! The bikes can be delivered straight to your door ready for your arrival and will be collected when you're done. So why not avoid the traffic jams and have a relaxing week exploring West Sussex/ Hampshire on a bike!

<http://www.m-cyclehire.co.uk>



SPOT OF SAILING?



For the sailing enthusiast, the Solent is a great spot for sailing. Cascade Sailing offer a great day out, with no experience required. Cascade is a well-equipped 33' yacht sailing from Chichester. She is crewed by a husband and wife team and is available for skippered charter in the area. Our guests can take part in the sailing or just enjoy the day. Some people come with us to gain experience but others simply like to relax and enjoy beautiful Chichester Harbour and the Solent. The trip is ideal for a special occasion.

<http://www.cascadesailing.co.uk/>

GOLF AT GOODWOOD

Redefining the way you play the game - Goodwood Golf UK is all about flexibility. Open to all golfers, whether you are looking for a membership or want to play as a visitor - Goodwood has two outstanding courses on the 12,000 acre estate.

<http://www.goodwood.co.uk/golf-at-goodwood/golf-at-goodwood.aspx>



Eating Locally?

EMSWORTH

Tucked away in the south east corner of Hampshire on the shore of Chichester Harbour, Emsworth is a quiet and attractive yet vibrant and dynamic town where residents wouldn't live anywhere else and visitors can be sure of a friendly welcome. Only a 15 minute drive from West Marden Farm, Emsworth has much to offer.

36 On The Quay is located in the picturesque fishing village of Emsworth overlooking the bay area. We have held a Michelin star for over 12 years and are now in the top 10% of all major food guides in the UK

www.36onthequay.co.uk/



FAT OLIVES can be found just off Emsworth's Town Centre and a stones throw from the harbour. A quaint 17th Century Fisherman's cottage near the quay which has been converted into a brassiere style restaurant.

<http://www.fatolives.co.uk/index.html>

LAVANT

From West Marden, Lavant is around a 20 minute drive into the West Sussex Country side. Lavant is in the heart of a beautiful West Sussex village close to Goodwood Park and the fabulous cathedral town of Chichester. Throughout the summer when Goodwood is hosting its many events, The Royal Oak and The Earl of March has a great buzzy atmosphere.

The Royal Oak

Our menu features Modern European and English classics "with a twist". Lighter dishes are served throughout the day and can be enjoyed at the bar. We source as much as possible from the local area, and use the finest, freshest produce to create superb uncomplicated food that changes with the seasons.

<http://www.royaloakeastlavant.co.uk/>



The Earl Of March



This Restaurant serves freshly prepared seasonal food from local produce, a selection of local real ales and a cellar of quality wines. All to be enjoyed in the comfort of their refurbished interior with its sumptuous leather sofas and its open wood fire.

<http://www.theearlofmarch.com>

PETERSFIELD

Set in the glorious countryside of the South Downs National Park, Petersfield is an ancient market town originally built as a Norman 'new town' at the end of the 11th Century. It is now a vibrant place for shopping and eating out.

Annie Jones



Annie Jones Restaurant has always been renowned as a neighbourhood eatery, popular with the community of Petersfield and the surrounding areas. It was taken over by Steven Ranson, now head chef and part owner, along with his brother in law John Blake. Over the past five years they have thrived to advance the Restaurant stature, succeeding in the area of food and service.

JSW

Jake Watkins restaurant, JSW, is situated in Dragon Street, Petersfield's town centre. He's built up a well-earned reputation for simple, tasty food cooked to a very high standard. The menu is strictly limited. You need to book to avoid disappointment.



<http://www.jswrestaurant.com/>

CHICHESTER

Raymond Blanc's Brasserie

New to Chichester. Brasserie Blanc is a place for relaxed enjoyment where you will find simple, high quality food. The atmosphere in this particular restaurant is great. There is a real buzz in the air. Waitresses and waiters are very efficient and friendly. With a huge menu, one wont be disappointed - book early to avoid disappointment.



<http://www.brasserieblanc.com/locations/chichester.html>

Field and Fork

Chichester's Pallant House Gallery, arguably the finest gallery in the southeast if you are looking for modern art of significant stature, equally goes in for pictures on the culinary plate, the restaurant now run by Sam and Janet Mahoney of nearby Field And Fork fame.

<http://www.fieldandfork.co.uk>



